

Phonak At A Glance

Phonak Audéo Fit™

What is it?

Audéo Fit and the myPhonak app combine health data tracking, unrivaled* sound quality¹, and universal connectivity to support clients' overall well-being.

What does it do?

Audéo Fit promotes healthy habits by tracking heart rate, steps, activity levels and distance walked or ran. Audéo Fit and myPhonak app track and display the average wearing time in different sound environments as well as offering optional goal setting.

What are the key benefits?



Regular exercise enhances both mental and physical well-being². Audéo Fit enables clients to track physical activities.



Setting goals and tracking progress has been shown to motivate individuals to increase physical activity³. The myPhonak app offers optional goal setting.



Clients can view the wearing time in the myPhonak app. Wearing hearing aids regularly and as recommended by the hearing care professional can improve the clients overall wellbeing⁴.

Who is it for?

- Experienced and non-experienced clients looking for a fully automatic hearing aid which helps them engage in their health.
- Clients with a health tracking device who want to track their health data just by wearing their hearing aids.

How can I demo it?

- Successfully connect the hearing aids to the latest myPhonak app and take a short walk in/around the clinic.
- The following health functions can be accessed and discussed during the walk or after returning to the fitting room.

On demand heart rate



Steps & distance



Wearing time



Goal setting



* compared to Phonak Audéo™ Marvel.

¹ Appleton-Huber, J. (2020). AutoSense OS™ 4.0 - significantly less listening effort and preferred for speech intelligibility. Phonak Field Study News, retrieved from www.phonakpro.com/evidence accessed November 30th 2020

² WHO guidelines on physical activity and sedentary behaviour. Geneva: World Health Organization; 2020. Licence: CC BY-NC-SA 3.0 IGO

³ 2018 Physical Activity Guidelines Advisory Committee. 2018 Physical Activity Guidelines Advisory Committee Scientific Report. Washington, DC: U.S. Department of Health and Human Services, 2018.

⁴ Vercammen, C., Ferguson, M., Kramer, S.E., et al. (2020). Well-Hearing is Well-Being. Hearing Review, 27(3), 18-22. Retrieved from <https://www.hearingreview.com/hearing-loss/patient-care/counseling-education/well-hearing-is-well-being> on June 1st, 2020.

